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# The sensitivity of algae to the effect of antifungal drugs

The presence of pharmaceuticals, their metabolites and transformation products in the aquatic environment has become an increasingly serious problem in recent decades. Currently, people are using various pharmaceuticals. However, after their use, the drugs are removed to the wastewater treatment plant, where they cannot be completely eliminated. As a result, they reach the surface of the water. Their discovery in the environment and their biological activity raise concerns about potential adverse effects on non-target species. In this study, two of the most widely used pharmaceuticals in Kazakhstan, namely ketoconazole and terbinafine, were tested for water toxicity using *Chlorella species*. These drugs were selected because they are one of the priority drugs based on risks for aquatic biota in Kazakhstan. The study assessed the effects of antifungal drugs for 72 hours by cell count, cell growth rate of *Chlorella sp*. We investigated the effects of substances in concentrations of 20–100 mg/L. As a result of the study, eco-absolute objects, compared with the control group, had a significant effect on the growth of *Chlorella sp*. cells, which led to 97.7±0.004 % (ketoconazole) and 96.19±0.007 % (terbinafine) inhibition of growth. In addition, the results showed that the growth rate of the representative of the aquatic biota *Chlorella sp*. decreased four times. This proves that *Chlorella sp*. are vulnerable to exposure to pharmaceuticals.

*Keywords*: environment, pollutants, quantification, ketoconazole, terbinafine, antifungal drugs, *Chlorella sp.*, growth rate, growth inhibition, growth medium Tamiya.

#### Introduction

An increasing amount of pollutants is emitted into nature due to industrial production, the intensive use of drugs. And also the wide presence of drugs in the environment can be explained by widespread use in medical practice and incomplete disposal at treatment facilities [1]. The effect on homeostasis of various artificial substances (xenobiotics) was demonstrated in the thirteen years of the last century. Among other things, the polluting effect of drugs and chemicals became apparent only in recent decades, when it was recognized that it was potentially dangerous to humans [2].

Currently, the pharmaceutical industry is developing rapidly around the world. The pharmaceutical market in the Commonwealth of Independent States (CIS) occupies only 2 % of the world. However, it has one of the highest growth rates. The pharmaceutical industry plays an important role in the economy of Kazakhstan. In addition, in the last decade, the government of Kazakhstan has also had an impact on the pharmaceutical industry. One of the factors leading to an increase in the retail sales of medicines in the country is an increase in the incidence rate due to environmental pollution and the impact of technological factors [3].

Pharmaceutical preparations that do not decompose at sewage treatment plants are discharged into treated effluents, which leads to pollution of rivers, lakes, estuaries and rarely underground and drinking water. Where sewage sludge is used on agricultural fields, soil contamination, runoff to surface water, and drainage can occur [4, 5].

Over the past decades, the emergence of pharmaceutical pollutants in the aquatic environment, the environment has become a matter of concern throughout the world. Micro-pollutants, also called emerging pollutants, consist of a huge amount of substances of anthropic or natural origin, including pharmaceuticals and personal care products, steroid hormones and agrochemicals. Pharmaceutical preparations, their metabolites enter mainly domestic wastewater after use and excretion in patients. These substances are usually present in water at low concentrations and each substance has a form and mechanism of action that not only complicates their detection and analysis, as well as their removal at drinking water and wastewater treatment plants [6–7]. As a result, the toxicity of drugs to the environment is checked in aquatic (surface water) organisms such as daphnia and fish. Another problem is the lack of maximum permissible concentrations of these compounds, and therefore, there are no or very few precautions and control measures to ensure that these compounds, in particular polluting microorganisms, do not enter surface water [8].

Monitoring of these pollutants, which were previously ignored, but often considered harmless, nevertheless, have significant consequences, has become possible thanks to modern analytical methods and tools [9]. Over the past decade, in the course of monitoring studies of the aquatic environment, about a hundred pharmaceutical preparations and their metabolites were discovered [10].

Pharmaceuticals are complex molecules that can be resistant to the environment. Obviously, pharmaceutical compounds are found in surface waters at low to moderate concentrations. However, even in low concentrations, long-term effects are known, given its effects on aquatic organisms and human health. Recent studies have shown the toxicological effects of drugs on the organic functions of aquatic organisms in minimal concentrations [11].

This article provides some experimental data and a summary of the effects of more commonly used pharmaceuticals on the environment and aquatic biota.

Work was carried out to identify priority active pharmaceutical ingredients in the surface waters of Kazakhstan. The study found the main drugs that could cause concern, as they had the highest risk ratings in Kazakhstan. Such high-risk drugs include ketoconazole, terbinafine, etc. [12].

There are a large number of published studies describing the environmental risk of ketoconazole. In 2004 T. Hegeland and C. Ottosson investigated the fish response to ketoconazole. Their results showed that this compound has a toxic effect on rainbow trout and killfish at 12 and 100 mg/kg, as it inhibits the activity of the cytochrome enzyme in fish [13].

#### Materials and research methods

This study was based on the OECD 201 method: Test for the inhibition of freshwater algae and cyanobacteria [14]. In our experiment, unicellular alga *Chlorella sp.* was used as a test organism.

The antifungal drugs ketoconazole and terbinafine were used as the object of study. These drugs were chosen because they are currently one of the priority drugs based on water biota in Kazakhstan, which may have an adverse effect on the growth of algae in our country [15]. As a solvent for ketoconazole and terbinafine, we took 96 % ethanol.

For ketoconazole and terbinafine, we used three different concentrations (20 mg/l, 50 mg/l, 100 mg/l) to evaluate the effect of the drugs on algae. Each concentration was done in triplicate. The pH of the solutions was measured at the beginning and at the end of the test. The optical density was measured and the biomass of *Chlorella sp.* in solutions.

The following mineral composition of Tamiya mineral medium was taken as a nutrient medium:

Table 1

Reagents	Weight, g/l
KNO3	5,0
MgSO <sub>4</sub> ·7H <sub>2</sub> O	2,5
KH <sub>2</sub> PO <sub>4</sub>	1,25
EDTA	0,037
FeSO <sub>4</sub> ·7H <sub>2</sub> O	0,009
Trace element solution	1 ml

#### Nutrient medium Tamiya

The concentration of ketoconazole and terbinafine was calculated using the following formula (1) [14]:

$$\mu_{i-j} = \frac{\ln X_j - \ln X_i}{t},\tag{1}$$

where  $\mu_{i-j}$  is the average specific speed versus time *i* to *j*;  $X_i$  — biomass of algae in the test or control vessel at time *i*;  $X_j$  — biomass of algae in the test or control vessel at time *j*; *t* is the period of time from *i* to *j*.

To calculate the biomass growth rate of *Chlorella sp.*, we used the equation below (2) [14]:

$$\% I_r = \frac{(\mu c - \mu t)}{\mu c} \cdot 100, \qquad (2)$$

where  $I_r$  is the percent inhibition at the average specific growth rate of *Chlorella sp.*;  $\mu c$  is the average value for the average specific growth rate  $\mu$  in the control group;  $\mu t$  is the average specific growth rate for algae cells  $\mu$  in the experimental group.

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#### Study results and discussion

Figure 1 shows the growth rate after exposure to various concentrations of ketoconazole on algae. The study was conducted within 72 hours. From the first day of the experiment, the ketoconazole preparation began to exert its influence on the growth of *Chlorella sp.* cells. The growth rate in the control group was  $0.4 \pm 0.01$ , the growth rate in the first experimental group was  $0.1 \pm 0.02$ , and the growth rate in the second experimental group was  $0.05 \pm 0.004$ , in the third experimental group  $0.009 \pm 0.06$ .



Figure 1. The growth rate of *Chlorella sp.* after exposure to ketoconazole

Figure 2 shows a sharp decrease in the cells of *Chlorella sp.* in a solution containing ketoconazole and a decrease in biomass. Growth inhibition was  $62.91 \pm 0.004$  % in the first experimental group,  $87.61 \pm 0.01$  % in the second experimental group, and  $97.7 \pm 0.004$  % in the third experimental group.



Figure 2. Inhibition of growth of *Chlorella sp.* after exposure to ketoconazole

Figure 3 shows the growth rate after exposure to various concentrations of terbinafine on algae. The study was conducted within 72 hours. From the first day of the experiment, the terbinafine preparation began to exert its influence on the growth of *Chlorella sp*. In a control solution of *Chlorella sp*. There are no substances that can prevent cell growth. Therefore, in *Chlorella sp*. cell growth was at its own pace. The growth rate in the control group was  $0.6 \pm 0.002$ , the growth rate in the first experimental group was  $0.08 \pm 0.003$ , the growth rate in the second experimental group was  $0.02 \pm 0.01$ , and in the third experimental group was  $0.04 \pm 0.01$ .

Figure 4 shows a sharp decrease in the cells of *Chlorella sp.* in a solution containing terbinafine and a decrease in biomass. Growth inhibition was  $86.14 \pm 0.05$  % in the first experimental group,  $96.19 \pm 0.007$  % in the second experimental group, and  $94.01 \pm 0.01$  % in the third experimental group.



Figure 3. Growth rate of Chlorella sp. after exposure to terbinafine



Figure 4. Inhibition of growth of Chlorella sp. after exposure to terbinafine

The results of other studies are in good agreement with our results. Based on these observations, we would like to draw your attention to the fact that the presence of various drugs in the ecosystem is very dangerous.

#### Conclusion

To summarize the study, cell growth rate *Chlorella sp.* sharply slows down in a solution containing the drug terbinafine ( $0.08 d^{-1}$ ;  $0.02 d^{-1}$ ;  $0.04 d^{-1}$ ) compared with ketoconazole ( $0.15 d^{-1}$ ;  $0.05 d^{-1}$ ;  $0.01 d^{-1}$ ). As well as inhibition of cell growth of *Chlorella sp.* in solutions with terbinafine is much higher compared to ketoconazole. Based on these studies, terbinafine is more toxic than ketoconazole and has a negative effect on aquatic biota. If the effects of antifungal drugs on aquatic organisms are not controlled, then diversity may change and lead to a reduction in algae populations.

In the experiments of M. Cheb and L. Blach the effect of the synthetic antifungal drug ketoconazole on *Lemna minor*, which is a floating freshwater plant and is often used in phytotoxicity analyzes, was evaluated. *L. minor* was the most sensitive  $EC_{50}$  in the range from 0.08 to 0.16 mg/l [16].

In the works of E.K. Palomaki, the toxicity of terbinafine was studied by conducting an experiment with green algae *Pseudokirchneriella subcapitata*. Terbinafine was highly toxic to algae, with an EC<sub>50</sub> based on a growth rate of 90 nM and a biomass of 50 nM. Based on the analysis and research results, terbinafine has the same mode of action in *P. subcapitata* as in fungi, where an increased presence of squalene leads to cell death. Based on these individual species analysis and SWIFT analysis, terbinafine has been designated as «a very toxic pharmaceutical ingredient for aquatic organisms» because of its toxicity to *P. subcapitata* and *Chlorophyceae algal* [17].

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#### Балдырлардың зеңге қарсы препараттардың әсеріне сезімталдылығы

Фармацевтикалық препараттардың, олардың метаболиттерінің және су ортасында трансформация өнімдерінің болуы соңғы онжылдықтағы айтарлықтай мәселе болып отыр. Қазіргі таңда адамзат түрлі фармацевтикалық препараттарды пайдаланады. Алайда оларды қолданғаннан кейін препараттар ағынды сулардың тазарту қондырғыларына шығарылады, оларды толығымен жою мүмкін емес. Нәтижесінде олар судың бетіне шығады. Олардың қоршаған ортада табылуы және биологиялық белсенділігі мақсатсыз түрлер үшін қолданылуына байланысты алаңдаушылық туғызуда. Зерттеуде Қазақстанда кеңінен қолданылатын екі фармацевтикалық препарат, атап айтқанда кетоконазол және тербинафин мен Chlorella species колдана отырып, судың уыттылығы сыналды. Бұл препараттар Казақстандағы су биотасына қауіп төндіретін дәрі-дәрмектер тізіміндегі басым препараттардың бірі болғандықтан таңдап алынды. Зерттеуде зеңге қарсы препараттардың 72 сағат ішінде Chlorella sp. жасушалар саны мен өсу жылдамдығына әсері бағаланды. 20-100 мг/л концентрациясында фармацевтикалық қосындылардың әсері зерттелді. Зерттеу нәтижесінде эко-абсолютті объектілер су биотасы Chlorella sp. өсү қарқынын елеулі төмендеткен. Ал бұл өз кезегінде  $97,7\pm0,004$  % (кетоконазол) және  $96,19 \pm 0,007$  % (тербинафин) өсүді тежеуге алып келді. Сонымен қатар, зерттеу нәтижелері Chlorella sp. өсу жылдамдығы төрт есеге төмендегенін көрсетеді. Бұл Chlorella sp. фармацевтикалық препараттар әсеріне сезімтал екендігін дәлелдейді.

*Кілт сөздер:* қоршаған орта, ластаушы заттар, мөлшерлеу, кетоконазол, тербинафин, зеңге қарсы дәрілер, *Chlorella sp.*, өсу қарқыны, өсудің тежелуі, Тамия қоректік ортасы.

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## Чувствительность водорослей на влияние противогрибковых препаратов

Присутствие фармацевтических препаратов, их метаболитов и продуктов трансформации в водной среде становится все более серьезной проблемой в последние десятилетия. В настоящее время люди применяют различные фармацевтические препараты. Однако после их употребления препараты выводятся на очистные сооружения сточных вод, где они не могут быть устранены полностью, в результате они попадают в поверхностные воды. Их обнаружение в окружающей среде и биологическая активность вызывают обеспокоенность по поводу потенциальных неблагоприятных воздействий на нецелевые виды. В данной работе два наиболее широко используемых в Казахстане противогрибковых фармацевтических препарата — кетоконазол и тербинафин — были изучены на водную токсичность с использованием Chlorella species. Эти препараты были выбраны, поскольку являются одними из первых в списке лекарственных препаратов, представляющих риск для водной биоты в Казахстане. Последствия действия препаратов в течение 72 ч в концентрациях 20-100 мг/л оценивались по количеству и скорости роста клеток Chlorella sp. В результате исследования установлено, что данные экополютанты приводят к значительному торможению роста клеток Chlorella sp. по сравнению с контрольной группой: кетоконазол на 97,7 ± 0,004 %, а тербинафин — на 96,19 ± 0,007 %. Кроме того, результаты показали, что скорость роста представителя водной биоты Chlorella sp. уменьшилась в четыре раза, а это доказывает, что Chlorella sp. уязвим для воздействия фармацевтических препаратов.

*Ключевые слова:* окружающая среда, загрязнители, количественное определение, кетоконазол, тербинафин, противогрибковые препараты, *Chlorella sp.,* скорость роста, ингибиция роста, питательная среда Тамия.