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Acute phlegmonous appendicitis

Acute phlegmonous appendicitis is an outstanding topic in medicine. The issue can be approached in terms of diagnosis and the importance of practical surgery. The clinical diagnosis can be supported by macroscopic and microscopic anatomo-pathological diagnoses. The microscopic diagnosis can be established after studying morphological characteristics observed by analogy with microscopic preparations stained by traditional and special methods. Pathological microscopic preparations can be analyzed and compared with histological preparations that display normal appendix. This paper presents some best practice examples. To provide a precise explanation to medical staff, a series of images of microscopic slides were taken from patients for microscopic analysis. The creation of permanent microscopic slides was based on knowledge of the steps required for classical histological methods using standard H&E staining techniques. Samples were taken from patients of both sexes, children under 16 years old, from urban and rural areas. It is important to clarify misunderstood epidemiological features of appendicitis. Perforating and non-perforating appendicitis, apparently, are separate in nature, and since the need for spontaneous resolution of appendicitis is essential. It is important to have better quality reference materials to enable the medical staff to make the correct decision; this paper seeks to add to this area of knowledge. Ensuring that the diagnosis is correct can have important implications for the management of appendicitis suspicion. This must be supplemented with histological assessments together with important personal, heredocolateral antecedents in the patient’s pathological history. For example, determinations of the lymphocytopenia and neutrophil-lymphocyte ratio can predict bacteremia better than conventional infection markers in the emergency department. Histopathological analysis remains important for such determinations.

Keywords: appendix, children, microscopic analyze, diagnostic, appendicitis, histopathological examinations.

Introduction

Appendicitis is considered to be one of the most common pathologies at ages 10–20 years. However, this pathology can also occur at any age category, without prior knowledge of the determining or incriminating factors [1, 2]. Studies have shown that appendicitis is more prevalent in males than in females [3, 4]. The exact cause of acute appendicitis is unknown, but it is considered likely to have a multi-factorial determinant. In this context, luminal obstruction, microbial infection, and dietary plus familial factors have been suggested to be common and probably synergistic [5–7]. The diagnosis of acute appendicitis is based on a history and a thorough examination [8, 9]. With phlegmonous and complicated appendicitis, these most likely represent independent entities depending on the hereditary immune mechanisms [10–12]. In context, compared to more complicated diseases, phlegmonous appendicitis seems to depend mainly on local inflammation [6, 13, 14]. Further regarding the paraclinical diagnosis, the blood laboratory test (hemoleukogram) will show any signs of eosinophilia [12, 15]. Studies also show that significant values of myeloproliferative disease appear in the blood, namely eosinophilia and basophilia, which can be found in phlegmonous inflammation [16, 17]. Hence, for paraclinical diagnosis, it is important to clarify the role of C-reactive protein (CRP) as an indicator of surgical indication for appendicitis [18–20].

To establish the diagnosis of this pathology, histopathological examinations of appendectomy specimens have been used in this paper [21, 22]. This is done to advance medical understanding and improve diagnoses. In this regard, even when the macroscopic appearance of appendectomy specimens is normal, histopathological evaluation allows for a more accurate diagnosis [23–25].

Experimental

To help the medical staff understand the concerns presented above, a series of images were taken after preparing microscopic slides. For this purpose, the operating parts are intended to provide a pathological anatomy service to aid macroscopic examination for diagnostic purposes. After performing microscopic
preparations, they were examined by performing microscopic analysis. The realization of the permanent microscopic preparations was based on knowledge of the steps required for classical histological methods, using a standard H&E staining technique. The samples were extracted from patients of both sexes, children under 16 years of age, from urban and rural areas.

**Case 1 — male — urban**
Diagnostic. Acute phlegmonous appendicitis on appendicular empyema and with acute peritonitis; Biological product — Appendix
Macroscopic — as usually
Microscopic — Appendix with fibrinoleukocyte content, wall with acute, dispersed inflammatory infiltrates, areas of wall dissolution, and leukocyte exudates on the peritoneal serosa

**Case 2 — male — rural**
Diagnostic. Acute phlegmonous appendicitis; Biological product — Appendix
Macroscopic — Appendix 50 mm long, diameter 5–6 mm, whitish serous with purplish areas
Microscopic — in preparing samples using H&E staining

**Case 3 — male — urban**
Diagnostic. Acute phlegmonous appendicitis with acute peritonitis; Biological product — Appendix
Macroscopic — Appendix with a length of 50 mm, thickened, diameter 10–14 mm, covered by pseudomembranes, in retained lumen content
Microscopic — in preparing samples using H&E staining

**Case 4 — male — urban**
Diagnostic. Acute phlegmonous appendicitis; Biological product — Appendix
Macroscopic — as usually
Microscopic — in preparing samples using H&E staining

**Case 5 — male — rural**
Diagnostic. Acute phlegmonous appendicitis with acute peritonitis Biological product — Appendix
Macroscopic — Appendix 35 mm long, thickened, purplish, with tearing area of the wall
Microscopic — in preparing samples using H&E staining

**Case 6 — male — urban**
Diagnostic. Acute phlegmonous appendicitis with acute peritonitis; Biological product — Appendix
Macroscopic Appendix with a length of 50 mm, thickened, diameter 10–14 mm, covered by pseudomembranes, in retained lumen content.
Microscopic — in preparing samples using H&E staining.

**Results and Discussion**

Figure 1 illustrates Specific epithelium; Adjacent lymphoid formations; The underlying connective tissue.

![Figure 1. Appendix ×10 H&E staining](image)

Figure 2 demonstrates Specific epithelium; Adjacent lymphoid formations; The underlying connective tissue from another perspective of observation.
Figure 2. Appendix ×10 H&E staining

Specific epithelium. Adjacent lymphoid formations. The underlying connective tissue. Specific staining (Fig. 3).

Figure 3. Appendix ×10 Argentic impregnation Gomori staining

Specific lymphoid formations. Adjacent specific epithelium a little visible. The underlying connective tissue. Specific staining (Fig. 4).

Figure 4. Appendix ×10 Argentic impregnation Gomori staining

Specific lymphoid formations. The underlying connective tissue. Usually staining (Fig. 5).
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Figure 5. Phlegmonous appendicitis H&E staining ×10

Specific lymphoid formation. The underlying connective tissue. Adipose tissue. Usually staining (Fig. 6).

Figure 6. Phlegmonous appendicitis H&E staining ×10

Specific epithelium. Lymphoid formations the underlying connective tissue. Adipose tissue. Another perspective of observing (Fig. 7).

Figure 7. Adipose tissue. H&E staining ×10

Phlegmonous appendicitis has been studied morpho-pathologically, macroscopically, and microscopically for diagnostic purposes. The microscopic preparations were prepared using operative parts processed
according to the classical histological technique and stained with usual and special stains. From the images with phlegmonous appendicitis, it is noted that appendix changes are variable but characteristic. Macroscopically, the appendix appears purple with variable centimeter dimensions. Macroscopically, the appendix may have whitish serosa with purplish areas. Also, from the macroscopic images, the appendix in phlegmonous appendicitis appears thickened, purplish, with the tearing area of the wall. Macroscopically for particular cases presented, the appendix appears covered by pseudomembranes, in the lumen having retained content. There are particular occurrences of acute phlegmonous appendicitis with acute peritonitis. In acute phlegmonous appendicitis on the appendicular empyema and with acute peritonitis, the microscopic appendix appears with specific changes that materialize in the presence of fibrinoleukocyte content, the wall with acute, scattered inflammatory infiltrates, wall dissolution areas, and leukocyte exudates on the peritoneal serosa. Microscopically, the pathognomonic characteristics that plead for the diagnosis of phlegmonous appendicitis are highlighted, and those accompany and strengthen the structural characteristics seen macroscopically on the operative parts. Morpho-pathologically acute phlegmonous appendicitis presents parietal microabscesses that can converge and open to the lumen. By perforating the appendix, the peritoneum (the thin membrane that lines the abdomen inside) becomes infected with bacteria, thus producing peritonitis. Peritonitis is a serious, life-threatening complication. This is a serious condition that requires urgent attention. Most often, the doctor can diagnose acute appendicitis based on the symptoms (presented above), the medical history and the physical examination of the patient. However, medical personnel may be needed to conduct further diagnosis and investigations, such as blood and urine tests, ultrasound, radiology, or magnetic resonance imaging (MRI). These investigations are necessary to help to guide the diagnosis, implicitly to differentiate from other conditions with similar symptoms.

Conclusions

It is important to clarify the misunderstood epidemiological features of appendicitis. Perforating and non-perforating appendicitis appear to be separate entities, and as the need to spontaneously resolve appendicitis is essential having better reference materials to enable medical staff to make the correct decision is essential; this paper seeks to add to this area of knowledge. Ensuring that the diagnosis is correct can have important implications for the management of appendicitis suspicion. This must be supplemented with histological; assessments together with important personal, heredocolateral antecedents in the patient's pathological history. For example, determining the lymphocytopenia and neutrophil-lymphocyte ratio can predict bacteremia better than conventional infection markers in an emergency care unit. The histopathological stain remains important for such determinations.

Innovations and breakthroughs

The authors strongly emphasize and recommend that all appendectomy specimens be examined by histopathological analysis, even if the specimens have a normally coarse appearance.

References


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Жедел флегмонозды аппендицит

Жедел флегмонозды аппендицит медициналық хирургиядаңың мүмкіндігін колдану үшін анықтауға болады. Бұл мәселеде диагноз және практикалық жұмыс істеу үшін дәл ерекшеліктерін қолдану қажет. Макроскопиялық және микроскопиялық гистологиялық препараттардың салыстыруының маңызы зерттеледі. Жедел флегмонозды аппендицит ықтималдығын анықтау үшін мәселенің жөнінде болып сатылатын өкілдер мен өкілдерге ұсынылды.

Острый флегмонозный аппендицит привлекает большое внимание с медицинской точки зрения. К вопросу можно подойти с точки зрения диагноза и важности практической хирургии. Также клинический диагноз может быть подтвержден макроскопическим и микроскопическим анатомо-патологическим диагнозом. Микроскопический диагноз может быть установлен после изучения морфологических характеристик, наблюдаемых по аналогии с микроскопическими препаратами, окрашенными обычными и специальными методами. Патологические микроскопические препараты можно анализировать и сравнивать с гистологическими препаратами, у которых есть нормальный аппендикус. В настоящей статье представлены некоторые примеры передовой практики. Чтобы помочь медицинскому персоналу понять проблемы, представленные выше, была сделана серия изображений микроскопических слайдов у пациентов для проведения микроскопического анализа. Создание постоянных микроскопических препаратов было основано на знании этапов, необходимых для классических гистологических методов, с использованием стандартной техники окрашивания H&E. Образцы были взяты у пациентов обоего пола, детей до 16 лет, из городской и сельской местности. Важно прояснить неправильно понятые эпидемиологические особенности аппендицита. Так, перфорирующий и неперфорирующий аппендицит, по-видимому, являются отдельными по своей сути, и, поскольку необходимость спонтанного разрешения аппендицита важна. Кроме того, необходимо иметь более качественные справочные материалы, позволяющие медицинскому персоналу принять правильное решение; авторы данной статьи попытались расширить эту область знаний. Проверка правильности диагноза может иметь важные последствия для лечения при подозрении на аппендицит, его нужно обосновать гистологическим исследованием; оценить вместе с важными личными, наследственно-коллатеральными антенцедентами в патологическом анамнезе пациента. Всем известно, например, определение лимфоцитопении и соотношения нейтрофилов и лимфоцитов может прогнозировать бактериемию лучше, чем обычные маркеры инфекции в отделении неотложной помощи. Гистопатологический анализ остается крайне важным для таких определений.

Ключевые слова: аппендикус, дети, микроскопический анализ, диагностика, аппендицит, гистопатологические исследования.